

PE – Curriculum Map 22/23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
EYFS	EYFS fundamental movement skills Jump, hop, underarm, overarm, catch	EYFS– FMS transport	EYFS– Rumble in the Jungle (FMS) Travel	EYFS FMS– Space	EYFS FMS– Seaside	EYFS– FMS Jack and the Beanstalk
			FMS (Burnley)	FMS (Burnley)	FMS (Burnley)	FMS (Burnley)
Year 1	FUNDAMENTAL SKILLS *BASELINE SKILLS TESTING TRAVELLING FORWARDS, BACKWARDS, SIDE TO SIDE	FUNDAMENTAL SKILLS RUNNING, JUMPING BALANCING & FINDING SPACE	FUNDAMENTAL SKILLS HOPPING, SKIPPING & THROWING UNDERARM	FUNDAMENTAL SKILLS THROWING OVERARM, CATCHING & THROWING TO TARGETS	FUNDAMENTAL SKILLS ROLLING, DRIBBLING & KICKING	FUNDAMENTAL SKILLS STRIKING 1/2 HANDS, STRIKING WITH EQUIPMENT 2 HANDS *BASELINE SKILLS TESTING
	FMS Baseline	FMS Catching, bouncing, applying tactics	Dance Toy story	Tri Throlf FMS	Athletics	FMS Gymnastics Consolidation
Year 2	FUNDAMENTAL SKILLS *BASELINE SKILLS TESTING FORWARDS, BACKWARDS & SIDE TO SIDE RUNNING	HEALTH EDUCATION, MOVEMENT & FITNESS TO MUSIC	FUNDAMENTAL SKILLS FINDING SPACE, HOPPING, SKIPPING, THROWING UNDERARM & OVERARM	FUNDAMENTAL SKILLS CATCHING, THROWING TO TARGETS & ROLLING	FUNDAMENTAL SKILLS DRIBBLING, KICKING STRIKING WITH EQUIPMENT	FUNDAMENTAL SKILLS ATTACKING & DEFENDING OUTDOOR ACTIVE LEARNING *BASELINE SKILLS TESTING
	FMS Gymnastics Jack and the Beanstalk	FMS Striking and fielding	Swimming Fundamental Swimming Activities	Swimming Water Safety and Hazards	OAA The Great Outdoor Teamwork	End of KS1 Assessment

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Year 3	PROJECT BASED LEARNING & MINDFULNESS	HEALTH EDUCATION, MOVEMENT & FITNESS TO MUSIC	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PHYSICAL COMPETITIONS & CHALLENGES	OUTDOOR ADVENTURE & ACTIVE LEARNING
	Invasion games- Netball	Invasion games- Rugby	Gymnastics Sequencing and Dance	Target games– dodgeball	Athletics	Striking and fielding Cricket
Year 4	PROJECT BASED LEARNING & MINDFULNESS	HEALTH EDUCATION, MOVEMENT & FITNESS TO MUSIC	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PHYSICAL COMPETITIONS & CHALLENGES	OUTDOOR ADVENTURE & ACTIVE LEARNING
	Netball	Invasion games- Handball	Dance Superheroes	Net and wall– core task 1	Athletics	Striking and fielding- Cricket
Year 5	Invasion games– netball (Burnley)	Invasion games- Creative games (Burnley)	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PHYSICAL COMPETITIONS & CHALLENGES	OUTDOOR ADVENTURE & ACTIVE LEARNING
	Swimming Water Safety	Swimming Life saving	Gymnastics	Net and Wall Tennis	Athletics	Orienteering
Year 6	PROJECT BASED LEARNING & MINDFULNESS	HEALTH EDUCATION, MOVEMENT & FITNESS TO MUSIC	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PRINCIPLES, TACTICS, ATTACKING & DEFENDING	PHYSICAL COMPETITIONS & CHALLENGES	OUTDOOR ADVENTURE & ACTIVE LEARNING
	Invasion games- Rugby	Invasion games- Creative Games	Dance Heroes and Villains	Net and wall Badminton	Striking and fielding- Rounders	Athletics
	FUNDA CPD	Lancashire PE				